**Music 中华功夫 歌 KUNGFU FAN DANCE MUSIC/ MV**

<https://youtu.be/6VO3_PwwCqo>

Demo videos

1. Full song: **太極功夫扇 反面 1280x720 (Red clothes woman)**

[**https://www.youtube.com/watch?v=T4iAoZBnXKM&feature=youtu.be**](https://www.youtube.com/watch?v=T4iAoZBnXKM&feature=youtu.be)

2. Full song: **太極工夫扇 Taichi Konfu fan 學習版 蔡鶯美 (white clothes, front and back with Chinese voice over)**

[**https://www.youtube.com/watch?v=RHtmWPIWONY**](https://www.youtube.com/watch?v=RHtmWPIWONY)

**This fan dance can be broken down into 6 sections (note: we do not learn the last section which is #6). 1st section is slow, 2nd, 3rd, 4th and 5th sections are fast.**

**Time breakdown:**

**Section #1 slow: 0:00 - 1:13**

 **右弓 Yòu gōng right bow**

 **上开 shàng kāi top open**

 **左戳 zuǒ chuō left poke**

 **转身下刺 zhuǎnshēn xià cì turn around down sting**

 **独立开扇 dúlì kāi shàn single leg open**

**下按 xià àn down press turn**

 **劈山 pīshān split mountain**

 **蝴蝶 húdié catch butterfly**

 **马步亮扇 mǎbùliàng shàn horse stand open**

**Section #2 fast: 1:15 - 1：33**

 **右弓 Yòu gōng right bow**

 **上开 shàng kāi top open**

 **左戳 zuǒ chuō left poke**

 **左推 zuǒ tuī left push**

 **下开 xià kāi down open**

 **下按 xià àn down press turn**

 **车轮 chēlún wheel**

 **马步亮扇 mǎbùliàng shàn horse stand open**

**Section#3 fast: 1:32 - 1:49**

 **右推 Yòu tuī right push**

**左戳 zuǒ chuō left poke**

**转身后开 zhuǎnshēn hòu kāi turn back open**

**举高 jǔ gāo raise up**

**女蹲 nǚ dūn female squat**

**打开鼻子 dǎkāi bízi open nose**

**阴阳画圈 Yīnyáng** **huà quān Yin Yang circle**

**(左撇右挥） (zuǒ piē yòu huī) left down right up**

**女蹲上开 nǚ dūn shàng kāi female squat open top**

**Music 1:49 - 1:58 开步抱扇**

**Section #4 fast: 1:58-2:15 (same as section 2)**

**右弓 Yòu gōng right bow**

 **上开 shàng kāi top open**

 **左戳 zuǒ chuō left poke**

 **左推 zuǒ tuī left push**

 **下开 xià kāi down open**

 **下按 xià àn down press turn**

 **车轮 chēlún wheel**

 **马步亮扇 mǎbùliàng shàn horse stand open**

**Section #5 fast: 2:15 - 2:33**

 **马步顶肘 Mǎ bù dǐng zhǒu house stand elbow**

 **马步大肘 mǎ bù dà zhǒu house stand big elbow**

 **左拨 zuǒ bō left Yin yang circle**

 **左跳 zuǒ tiào double feet jump**

 **举腿踢 jǔ tuǐ tī right leg kick**

 **后踢上开 hòu tī shàng kāi back kick open**

 **拨云 bō yún fan cloud**

**女蹲上开 nǚ dūn shàng kāi female squat open top**

**Go back to section 1**

Other video examples:

功夫者－功夫太极扇
第一段 <https://www.youtube.com/watch?v=iAoxSxEMimU&feature=youtu.be>

第二段 <https://youtu.be/co5hCfw7nP8>

第三段 <https://youtu.be/VJ9eDT3gGNE>

第四段 <https://youtu.be/2vYzPZBTzV8>

第五段 <https://youtu.be/QzsX1AK5Ce4>

第六段 <https://www.youtube.com/watch?v=AYcMotYCJzU&t=85s>

# **太極功夫扇背向慢動作 SLOW MOTION FAN DANCE DEMO （Old man)**

* <https://youtu.be/cILwIHr-L1Q>
* **CHINESE KONGFU FAN DANCE WITH MUSIC 崑山-中國功夫(教學版) (Purple/Pink lady)**
* <https://www.youtube.com/watch?v=dL6UuXIHHzo>